

## **RDF HSM Emotional Health Resources**

### **Hope International University-Hope Counseling Center**

Offers individual, family, teen, and child counseling from graduate Marriage and Family Therapy interns that work under a licensed professional.

Cost: sliding scale fee based on family's income

Location: Anaheim Education Center

2400 E. Katella Ave. #900

Anaheim, CA 92806

Contact: Call 714-879-3901 ext. 1266 to make an appointment and be assigned to a counselor.

[hcc@hiu.edu](mailto:hcc@hiu.edu)

### **Frances Smith Center for Individual and Family Therapy at Chapman University**

Non-profit clinic for individuals, families, couples, and children to receive counseling and services from graduate interns that work under a licensed professional.

Cost: fees range from \$15-\$60 per session and is assessed by a sliding scale based on income

Hours of operation: M-F 9am-9pm, Saturday 9am-5pm

Location: Crean Building Chapman University

501 W. Palm Avenue

Orange, CA 92868

Contact: Call 714-997-6746 and then press "1" to complete a phone interview or leave a message.

### **Jennifer Treadway-Molle, MA LMFT**

Christian therapist that specializes in children and adolescent counseling. She also supervises interns that can provide counseling at a lower cost.

Cost: \$100-\$150 per session based on a sliding scale (less if with an intern)

Accepts some insurances

Location: 101 S Kraemer Blvd, Suite 230

Placentia, CA 92870

Contact: Call (714) 402-2719 for a free consultation

### **Straight Talk Wellness Center and Counseling Services**

Offers high-quality counseling and substance abuse recovery and prevention at affordable prices.

Cost: Fees are determined on a sliding scale based on income and accepts CalOptima

Location: 5712 Camp Street, Cypress CA

Hours: Mon-Thurs 10am-9pm, Fri 10am-8pm, Sat 10am-2pm

Contact: Call (714) 828-2000 to schedule an appointment

[www.straighttalkcounseling.org](http://www.straighttalkcounseling.org)

## **RDF HSM Emotional Health Resources**

### **National Suicide Prevention Hotline**

Counselors are available to answer 24/7 in a crisis situation. They provide free and confidential support to people in distress. Those at risk for suicide and their loved ones can call to receive prevention and crisis resources.

1(800)-273-8255

[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

### **The OC Warmline**

A confidential 7-day a week telephone support service for anyone who has concerns about mental health, substance abuse, is lonely or confused, or needs information about available mental health services.

(714)991-6412 -call or text

[www.namioc.org](http://www.namioc.org)

### **Psychology Today**

To search for more counselors by insurance type, location, or specialization:

[www.psychologytoday.com](http://www.psychologytoday.com)